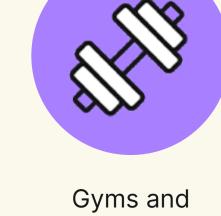
# Investing in your Wellbeing

One membership, countless ways to be fit



# giving you access to:

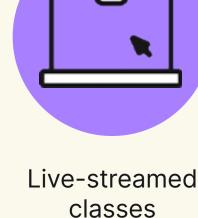
Morgan Stanley subsidizes employees' Wellhub memberships,

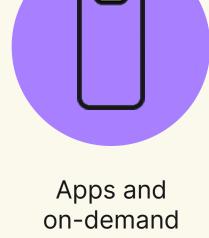


studios



private sessions





fitness content

Morgan Stanley pays 50% of your fees – up to \$8,929 a month (or \$107,148 a year).

Enroll in the membership tier that meets your needs

so you can work out near the office, near home and at home.

Note: The employee rates below reflect the Firm subsidy.

**Free Digital Plan Starter** Basic

You pay

Your dependents each pay

10 Wellbeing

apps

You pay \$ 3,700 /month Your dependents each pay

**\$ 7,399** 

+39 apps

Available Gyms

400

\$7,000/month Your dependents each pay

You pay

\$13,999<sub>/month</sub>

Available Gyms 700 +43 apps + 2 virtual private sessions

per month

**Platinum** 

You pay \$12,870/month

Silver

Available Gyms 900

Your dependents each pay

+46 apps + 4 virtual private sessions per month

\$20,370 /month

\$29,299/month

Gold

You pay

Your dependents each pay

Available Gyms 1200 +46 apps + 4 virtual private sessions

per month No initiation fees. No cancellation fees. No strings attached.

\$32,070/month Your dependents each pay

\$40,999/month

You pay

Available Gyms 1400 +46 apps + 8 virtual private sessions

per month

When you become a member, you may invite your dependents

to start a Wellhub membership of their own.

\$45,070<sub>/month</sub> Your dependents each pay

**Diamond** 

You pay

Available Gyms 1500

+46 apps + 8 virtual private sessions per month

Dependents are not eligible to receive a subsidy from Morgan Stanley.

\*Note: Morgan Stanley's program subsidy can be a taxable benefit depending on the country. If applicable, employees will be charged imputed income on their last paycheck of the calendar year (up to the value received, a maximum of \$600 USD).

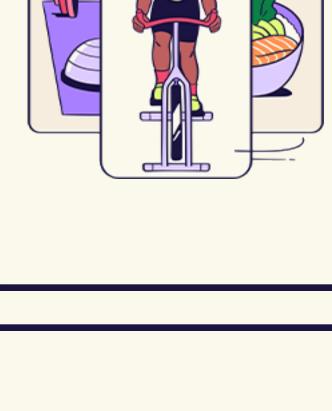
Download the Wellhub app.



### Click on "Sign up" to register and create your free account.

How to sign up

- How to select a plan Browse the different plans and pick the perfect



## Once you confirm your payment information, your

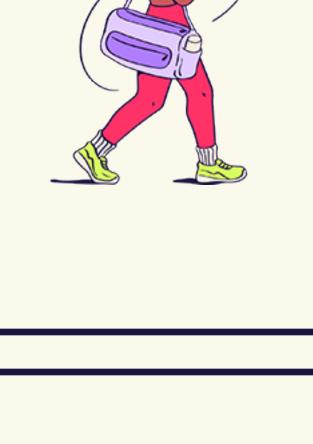
a variety of preferences.

plan will be activated and you can start to use Wellhub immediately!

one for you! Each plan is designed to accommodate

How to find the best gyms Use the "Explore" feature on the Wellhub app to

easily find gyms and workouts near your office,



### Pick a day and plan your visit. Note that some gyms have the possibility to book in advance on the app.

wellness sessions

session.

home, or on the road.

- When you arrive at the gym, go to the "Check in" tab, select the venue and choose your activity. Hit the "Check in" button and you're in!
- How to book live classes and private

Go to the "Explore" tab and use the quick filters

to select a date, time, type of workout or training

Choose the session or class that best works for



### you and confirm the booking. Check in through the app and get instant access to the class.

# All Wellhub memberships include at least these 10 wellbeing apps, with more apps added at the different membership tiers



**Getting Started** 

studio.

per month.

What does Wellhub offer members?

may use with one membership.

What makes Wellhub unique?

• The Wellhub Network: Wellhub has the world's largest

network of gyms, studios, and facilities that our members

members access to a network of gyms and studios, your

Wellhub Partner Apps: In the same way that Wellhub gives

membership includes a network of on-demand apps on your

smartphone. These apps help you with your overall wellbeing:

from developing a nutrition plan to working out to meditating.

Live-Streamed Classes: Gyms and studios in the Wellhub

network host live classes on the Wellhub app for members who want to work out at home or can't make it to a gym or

the app and receive a link to join a virtual video session with

your trainer. The number of monthly training sessions

depends on your plan – ranging from 2 to 8 sessions.

**iFeel** 

Self-care tools and

wellbeing content



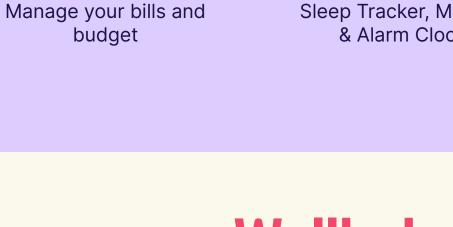
**Instafit** 

Get fit in 30 mins

or less

mobills

**Mobills** 





Maya

A smart personal health

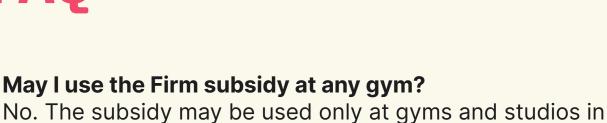
assistance for women



**FizzUp** 

Self-care tools and

wellbeing content



Wellhub' network. If your gym is not in-network, you can

equipment. Wellhub offers free virtual and on-demand

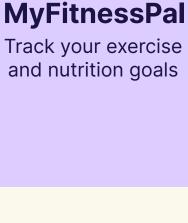
fitness options, which can be used at home, with or without

you use your Morgan Stanley email address. You can then

My favorite gym/studio isn't part of the Wellhub network,

view all the facilities and pricing from the app before

recommend it to Wellhub for inclusion. Although there is no



**Gym Life** 

Create and track your

workout routines

guarantee all gyms members recommend will be added, Wellhub grows its network of gyms regularly. May I use the subsidy to purchase at-home fitness No. Currently, the Firm does not subsidize at-home fitness

#### **Gym, Studio & App Partners** • 1:1 Virtual Private Sessions: Members in the Basic Wellhub membership or above may book 1:1 sessions with certified How do I find which gyms/studios are in my area before personal trainers. Sessions include bodybuilding, HIIT, signing up? bootcamp, yoga, Pilates, and much more. You'll check in on Downloading and creating a Wellhub account is free when

purchasing a plan.

may I add it?

equipment?

equipment.

Wellhub network? Your request will be sent to the Wellhub Partnership team and you will receive an email if the facility has joined the Wellhub network. Network additions vary from gym to gym. There are no guarantees that a gym will be added to

How quickly will my referred facility be included in the

it is added to the Wellhub network.

our network, but we will do our best.

**Using Wellhub** 

class?

Is there a list of Wellhub' wellbeing partner apps? Once you create your Wellhub account (and before you pay for a plan), you will be able to view everything Wellhub offers. Log in to the Wellhub app, click the Explore tab, then Apps to see our apps, gyms and studios that you can use once you

enroll in a plan. Make sure to look at the wellbeing partner

How do I book a class at an in-person facility?

to sign their class waiver if it's your first time.

app's specific page for instructions on how to access the app.

Simply visit the fitness facilities page on the Wellhub app and follow the instructions provided for each facility. Many classes can be booked right through the app and a few days in advance so you can plan out your week! Friendly reminder that some studios may require you to arrive earlier

How do I book a class for a private session or live virtual

Every private session or virtual class can be booked right

on the app. Once you open the Wellhub app, click on the

'Explore' tab. There you will see the options for private sessions or live virtual classes. What happens if I forget to check in or cancel a class late? If you do not check in or cancel a class past the cancellation

window, you will no longer have access to any other class,

app. If you need to cancel, make sure to do so before the

gym, or studio in the same category that day. Every time you

attend a class, you will need to check in through the Wellhub

cancellation window ends. If you cancel a class late or forget

to check in four times in a month, you won't be able to book again until the last day of the month and all future sessions you've booked will be canceled. How do I access the wellness apps available on Wellhub? You must be enrolled in a Wellhub plan to access the different app options to download. Once you're enrolled in a plan, log in to your account on the Wellhub app and click

the 'Explore' section. From there, you can filter by 'Apps' and see our network of options. If there's a specific app

you're interested in, click on 'Filter' to adjust your search.

Please note that you must follow the proper steps listed in Wellhub and download the partner app through the Wellhub app directly, and not from the Apple App Store or Google Play Store. This will ensure you are receiving the premium version of the app at the discounted rates. What do I do if I already have a membership at another

cancel or switch over your membership so you can begin using Wellhub. They will be able to share the proper steps with you on how to make this change.

that come with your membership, create your account by

downloading the Wellhub app (you won't be charged unless you enroll in a paid plan). **Need more help?** 

Chat with us: support.wellhub.com Email us: mshelp@gympass.com

Wellhub: FAQ May I use the Firm subsidy at any gym?

#### We take and love referrals! Our Partnerships team is Wellhub offers you countless ways to work out near the constantly working to expand our network. You can submit office, near home or at home. From in-person gyms and a referral through your Wellhub account. Click on 'My studios to live classes and wellbeing apps, wellness has Account' and scroll down until you see 'Refer a partner'. never been more accessible. You are allotted one check-in Give us any information you have and we will update you if

also offers many different membership tiers for you to choose from based on your budget, fitness goals and interests. How do I sign up for Wellhub? Download the Wellhub app and click on "Sign up" to create

your free account. Use your Morgan Stanley email address

and create a password. Explore the different plans and

facilities within the network before choosing a plan.

**Can my family members join Wellhub?** 

per day to use at any gym, studio or live class within your

initiation or cancellation fees. You can upgrade, downgrade,

or pause your plan, with no long-term commitment. Wellhub

plan. Wellhub is only available to users whose employer

partners with the program. Wellhub doesn't charge any

Yes! Once you are logged into the app, you will see a section to refer up to three family members. Click on Profile > Gear Icon > Account > Family Members. After you click on the family member tab under the "Subscription" section you will be able to select a plan for your family member (family members and employees do not have to choose the same plan). Complete the purchase and share the sign-up link with your family member (the plan will be managed by the employee but there is an option to enter a separate credit card for the family member plan). Family members are not eligible for the Morgan Stanley subsidy but have access to the FREE Digital Plan which includes ten wellbeing apps. \*Family members are defined as your parents, children, partner, or spouse.

## How do I choose my plan? Review the fitness facilities and partner apps included and

May I change my plan?

• 1:1 private session

add the desired plan you'd like to try to your basket. Proceed to checkout and complete the payment process. Once you choose your payment option and start your plan you can begin to use Wellhub.

**Membership Tiers/Plans** 

Yes! You can make changes to your plan by logging into 'My Account' and selecting 'Manage subscription'. If you upgrade your plan, the upgrade will happen immediately and you will be charged a prorate for the upgrade. If you downgrade your plan, the active plan at the time will continue through the end of the monthly billing cycle. If you need to cancel your plan the cancellation will be scheduled for the end of your billing

period. It's possible to check the scheduled cancellation date in the app and the confirmation email. Please note that your billing date is set when you activate a plan and it renews automatically on the same date each month. Are there any restrictions to the Wellhub benefit? With your Wellhub membership, you are allotted one unique check in per day. This check in can be used on one of the following: A visit to a gym or studio • Joining a virtual live streamed class

This unique check in does not apply to our wellness apps. You have unlimited access to the apps available in your plan. Please note that certain gyms or studios may have monthly limitations to daily check in's. You can find out which studios fall under this category by using the 'Classes' and then the 'Premium classes' filter in the Wellhub app. What's included in the free Digital Plan?

The free Digital Plan gives you access to the premium version of 10 top rated wellbeing apps with resources for sleep support, meditation and mindfulness, nutritional guidance and planning, and a wide variety of fitness activities. There's no fee to join or use these apps and you can refer up to 3 family members to this plan. Subsidy

How does the Morgan Stanley subsidy work? Wellhub has a variety of membership options for you to choose from! You pick the option that's right for you based on price and the gyms and studios you want – and Morgan Stanley pays 50% of your membership. The subsidy is already reflected in the price plans you see on the Wellhub app.

gym? We recommend speaking to the gym directly on how to To view all the gyms/studios, services, and wellness apps

**More information:** promo.gympass.com/morgan-stanley/

wellhub × Morgan Stanley