## **Investing** in your Wellbeing

One membership, countless ways to be fit



# memberships, giving you access to:

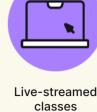
Morgan Stanley subsidizes employees' Wellhub

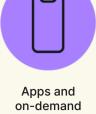


studios



personal training





fitness content

Morgan Stanley pays 50% of your fees – up to \$45,455 a month (or \$545,460 a year).\*

Enroll in the membership tier that meets your needs

so you can work out near the office, near home and at home.

Note: The employee rates below reflect the Firm subsidy. **Free Digital Plan** Starter Basic Silver

You pay You pay You pay

\$ O<sub>/month</sub> Your dependents each pay 5 Wellbeing

apps

\$ 3,500/month Your dependents each pay \$ 6,000 /month

**Available Gyms** 

200

+25 apps

\$6,000/month Your dependents each pay \$10,500/month Available Gyms

> +25 apps + 2 virtual personal training sessions per month

290

You pay \$ 9,995 /month Your dependents each pay \$ 18,000 /month

**Available Gyms** 400 +30 apps + 4 virtual personal training sessions per month

You pay \$ 19,000<sub>/month</sub> Your dependents each pay \$ 34,000 (month Available Gyms **500** +30 apps + 4 virtual personal training sessions per month

GOIO

\$ 24,000 /month Your dependents each pay Available Gyms 600 +30 apps + 4 virtual personal training sessions per month

Piaunum

\$ 37,000<sub>/month</sub> Your dependents each pay \$ 74,000 (month **Available Gyms** 600 +30 apps + 8 virtual personal training sessions per month

Diamonu

Dependents are not eligible to receive a subsidy from Morgan Stanley.

\*Note: Morgan Stanley's program subsidy can be a taxable benefit depending on the country. If applicable, employees will be charged imputed income

No initiation fees. No cancellation fees. No strings attached.

When you become a member, you may invite your dependents to start a Wellhub membership of their own.

on their last paycheck of the calendar year (up to the value received, a maximum of \$600 USD).

Register to see the gyms

and studios near you

#### 2. Create an account by selecting Morgan Stanley - US as your company and using your Morgan Stanley email address

1. Log on to the Wellhub app

or website, add the plan

you want to your basket

and enter a payment method

(Note: The free plan requires a payment method, too – you won't be charged, though)

1. Download the Wellhub app

to your phone

or visit our website at

wellhub.com

Pick your plan and go to

the gym or take a class

App Store

3. When you arrive at

the gym, open the Wellhub

app and click Check-In.

Find your gym on the list,

select the workout you want and click Confirm

3. Explore your fitness

options by

membership tier

#### 2. Search for a gym or activity near you in your plan and book your visit/class

or website and go to

**Explore** 

Note: Each day, you may check-in to one in-person gym or studio, live class, or personal training session (use of the Wellhub apps and virtual classes is unlimited throughout the day).

You'll receive a link by

email to join the class

1. Open the Wellhub app 2. Check out the 3. Click Confirm Booking.

classes on the schedule

and click Book

Join a live-streamed class

### **Book a virtual personal training session**

2. Search for

classes, setting

the filter to Personal Training

1. Open the Wellhub app

or our website and navigate to

apps included in your plan

1. Open the Wellhub

app or website

and go to Explore

Access partner wellbeing apps

2. Check out the list

of partner apps

3. Choose an app, read the instructions, and click

activate

**Fabulous** A daily planner and self-care habit

tracking app that uses behavioral

science to help

people make smart

changes and build

3. Book your session

and confirm it.

On the day of the session, we'll

email you a link

### with more apps added at the different membership tiers

**Mobills** 

A budget planning

app that allows you

to create a custom

monthly budget

that will help you

take control of your

money.

All Wellhub memberships include at least these 5 wellbeing apps,



Instafit

Take your exercise

anywhere and get in

shape with hundreds

of workouts led by the

best coaches in: HIIT,

dance, kickboxing,

yoga, meditation

and more!



**Nootric** 

An app with real

nutritionists, who

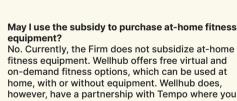
will help you to lose weight and live a

healthy life with

personalized meal

plans and workouts





Meditopia

Motivation, health

and well-being

with power of mindfulness and

meditation through

daily doses of

inspiration.



can save 35% on Tempo Move and the Tempo Studio

Starter Package. You can learn more here:

My favorite gym/studio isn't part of the Wellhub network, may I add it?

We take (and love) referrals. Our Gym Partnerships

team is constantly working to expand our network. To submit a referral, log on to your Wellhub account on the app or website, click your account profile and scroll down until you see 'Refer a facility'.

Share any information you have about the gym or

promo.wellhub.com/en-us/tempo.

### Wellhub: FAQ

#### These apps help you with your overall wellbeing: from developing a nutrition plan to working out to meditating. Live-Streamed Classes: Gyms and studios in the Wellhub network host live classes on the Wellhub app for members who want to work out at home

on-demand apps on your smartphone.

or can't make it to a gym or studio. • 1:1 Virtual Personal Training: Members in the Basic Wellhub membership or above may book 1-on-1 sessions with certified personal trainers. Sessions include bodybuilding, HIIT, bootcamp, yoga, Pilates, and much more. You'll check in on the app and receive a link to join a virtual video session with your trainer. The number of monthly training sessions depends on your plan - ranging from 2 to 8 sessions. per month. What makes Wellhub unique?

Wellhub offers you countless ways to work out near

gyms and studios to live classes and wellbeing apps,

the office, near home or at home. From in-person

wellness has never been more accessible. You are allotted one check-in per day to use at any gym,

studio or live class within your plan. Wellhub is only

program. Wellhub doesn't charge any initiation or cancellation fees. You can upgrade, downgrade, or pause your plan at any time, with no long-term commitment. Wellhub also offers many different

membership tiers for you to choose from based on

your budget, fitness goals and interests.

available to users whose employer partners with the

How do I sign up for Wellhub? Download the Wellhub app, or visit wellhub.com/es-ch/ and register - entering your Morgan Stanley email address and creating a password. Explore the different plans and facilities within our network before choosing a plan. May my dependents join Wellhub? Yes. Once you activate the Digital plan or above, you will see a button in the app or on the website to refer dependents\*. Complete the form with their information, and we will email them to invite them to

get started. Each of your dependents will choose their

own plan at standard Wellhub rates and complete their purchase (dependents are not eligible for the

Morgan Stanley subsidy). They do not have to choose the same plan you have. You will need to pay for your dependents; however, there is an option to enter different credit cards. Plan prices are per person \*A dependent is defined as your spouse, domestic partner or child of any age. **Membership Tiers/Plans** How do I choose my plan? Review the fitness facilities included and add your desired plan to your basket to start your wellbeing journey. Proceed to checkout and enter a credit card. Note that even the free digital plan requires you enter payment information although you won't be charged

unless you upgrade to a paid plan. Once you enter a payment option and start your plan, you may use Wellhub.

Yes. You may change your plan at any time by logging into 'My Account' and selecting 'Plan

Management'. If you upgrade your plan, the upgrade will happen immediately and you will be charged on a

### prorated basis. If you downgrade your plan, your active plan will continue through the reflect the lower fee. What is the plan cancellation policy?

May I change my plan?

at no charge. Log in to your account and go to 'Plan Management' to see other plan options. Your membership and access to fitness facilities will continue until the end of your current billing cycle Monthly billing will end once you have confirmed the cancellation. Plans renew monthly (and vary by individual), with no minimum term or contract length. Are there any restrictions to the Wellhub benefit?

### end of the monthly billing cycle and your next bill will

You have 1 check-in each day at an in-person gym or studio, live class, or personal training session – and unlimited use of the Wellhub apps. Additionally depending on the plan you select, you may take a prescribed number of exclusive classes. This will apply to gyms marked as exclusive in the

### You may cancel your plan or participation at any time,

Wellhub app. What is included in the free Digital plan? With the free Digital plan, enjoy 3 live classes each week with our fitness partners and 5 partner apps that you can download and use.

Subsidy How does the Morgan Stanley subsidy work? Wellhub has various membership tiers, including a free virtual-only tier. You pick the option that's right based on price and the gyms want - and Morgan Stanley pays 50% of your

membership. The subsidy is already reflected in the price plans you see on the Wellhub app or on desktop. May I use the Firm subsidy at any gym? No. The subsidy may be used only at gyms and studios in Wellhub' network. If your gym is not in-network, you can recommend it to Wellhub for inclusion. Although there is no guarantee all gyms

members recommend will be added, Wellhub grows

its network of gyms regularly.

#### **Gym, Studio & App partners** How do I find which gyms/studios are in my area before signing up? Downloading and creating a Wellhub account is free when you use your Morgan Stanley email address. You can then view all the facilities and pricing from the app before purchasing a plan.

studio and we'll update you if it is added to the Wellhub network. How quickly will my referred facility be included in the Wellhub network? Your request will be sent to the Wellhub Partnership team and you will receive an email if the facility has joined the Wellhub network. Network additions vary from gym to gym. There are no guarantees that a gym will be added to our network, but we will do our best.

Is there a list of Wellhub' wellbeing partner apps?

Once you create your Wellhub account (and before

apps, gyms and studios that you can use once you enroll in a plan. Make sure to look at the wellbeing partner app's specific page for instructions on how

everything Wellhub offers. Log in to the Wellhub

app, click the Explore tab, then Apps to see our

How do I book a class at an in-person facility?

Visit the fitness facility's page on the Wellhub app or website, and follow the instructions

you pay for a plan), you will be able to view

to access the app.

**Using Wellhub** 

for that facility. Many facilities let you book classes right through the app; others may require you to call or email the gym or studio. Note: You may visit an in-person facility only once a day. How do I book a live class? Every live class can be booked right on the Wellhub app. Once you open the app, click on the explore tab and select live classes. There you will see the options of live classes offered from various partners. Click on 'Confirm your booking' once you have identified the class you would like to take and you

Our partnered studios and gyms have their cancellation policies, and they may differ from each other. To avoid missing your daily check-in, cancel your booking within the partner's allowed cancellation period. You can find this information on Bookings in the app or your booking confirmation email. In cases of no-shows, the check-in will be counted, and you will not be able to access another class, gym, or studio on the same day. If you cancel a booking at short notice or don't attend the class 4 times in one month, new bookings will be automatically blocked until the end of the month.

Your check-in for partners that do not require an advanced booking will still be available. Only new

How do I use Wellhub' wellbeing partner apps?

bookings will be blocked until the end of the month.

Click the Explore tab, then Apps to see the apps that

will receive a link via email to join the live class

What happens in cases of late cancel or no-show?

you can use included in your plan. Click the app you're interested in to read more and click "Activate" when you're ready to start using it! You will be directed to the wellbeing partner app's specific page for instructions on how to access the app. Other

membership/contract with a Wellhub partner gym, Wellhub works with all of our fitness partners to provide the smoothest membership transfer process possible, but the process will vary from club to club on how they

support the transfer from an annual/monthly membership to Wellhub. Wellhub is unable to grandfather in existing gym memberships, but please reach out someone at your current gym or studio to see how long you have left of your contract length and then reach out to a Wellhub representative via the Help Center to discuss when it makes most sense to start

your Wellhub membership. To view gyms, studio, services and apps that come with Wellhub, create your account (you won't be charged until you enroll in a plan) at wellhub.com

Need more help? Chat with us: support.wellhub.com

What if I already have a year-long

Email us: mshelp@wellhub.com Find more information: promo.gympass.com/morgan-stanley