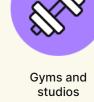
# **Investing** in your Wellbeing

One membership, countless ways to be fit

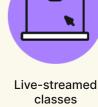


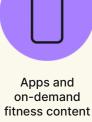
# memberships, giving you access to:

Morgan Stanley subsidizes employees' Wellhub









Morgan Stanley pays 50% of your fees - up to \$50 a month (or \$600 a year).\*

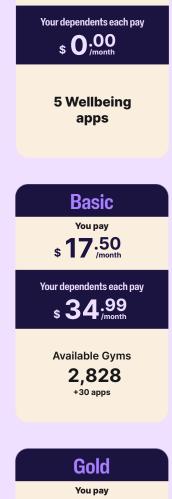
Enroll in the membership tier that meets your needs

so you can work out near the office, near home and at home.

Note: The employee rates below reflect the Firm subsidy.

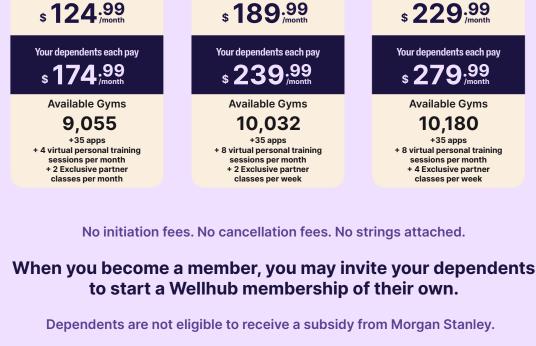
Starter

You pay \$ 9.99 \$ 0.00



Free Digital Plan

You pay





**Bronze** \$ 29.99

Your dependents each pay

\$ 59.99 /month

+20 apps

**Available Gyms** 3,873 +35 apps + 2 virtual personal training sessions per month Platinum

You pay

\$ 189.99 month

Your dependents each pay

\$ 239.99 /month

**Available Gyms** 10,032 +35 apps + 8 virtual personal training sessions per month + 2 Exclusive partner classes per week

Your dependents each pay s 19.99 **Available Gyms** 1,845 +20 apps

Starter+

You pay

\$ 49.99 Your dependents each pay \$ **99**.99 **Available Gyms** 6,107 +35 apps + 4 virtual personal training sessions per month

Silver

Diamond You pay \$ 229.99 /month Your dependents each pay \$ 279.99 /month Available Gyms 10,180 +35 apps + 8 virtual personal training sessions per month + 4 Exclusive partner classes per week

\*NOTE: Morgan Stanley's program subsidy is a taxable benefit and employees will be charged imputed income on their last paycheck of the calendar year (up to the value received, a maximum of \$600).

Register to see the gyms

2. Create an account by selecting Morgan Stanley - US as your company

and using your Morgan Stanley

email address

# and studios near you

1. Log on to the Wellhub app

or website, add the plan

you want to your basket

(Note: The free plan requires a payment

method, too - you won't be charged, though)

1. Download the Wellhub app

to your phone

or visit our website at

wellhub.com

Pick your plan and go to the gym or take a class

3. When you arrive at

the gym, open the Wellhub

app and click Check-In. Find your gym on the list,

select the workout you want

and click Confirm

3. Explore your fitness

options by

membership tier

# your plan and book Note: Each day, you may check-in to one in-person gym or studio, live class, or personal training session

(use of the Wellhub apps and virtual classes is unlimited throughout the day).

2. Search for a gym

or activity near you in

1. Open the Wellhub app

or website and go to

**Explore** 

1. Open the Wellhub

app or website

Join a live-streamed class 2. Check out the classes on the schedule

and click Book

**Book a virtual personal training session** 

2. Search for

classes, setting

**Access partner wellbeing apps** 

2. Check out the list

of partner apps

3. Click Confirm Booking. You'll receive a link by email to join the class

3. Book your session

and confirm it.

email you a link

## On the day of the session, we'll and go to Explore the filter to Personal Training

apps included in your plan

**Fizzup** 

A library of live

classes and

thousands of

pre-recorded workouts sessions

to choose from,

including classes

for kids.

1. Open the Wellhub app

or our website and navigate to

All Wellhub memberships include at least these 5 wellbeing apps, with more apps added at the different membership tiers

**Fabulous** 

A daily planner and

self-care habit

tracking app that

uses behavioral

science to help

people make smart

changes and build

healthy habits

May I use the subsidy to purchase at-home fitness No. Currently, the Firm does not subsidize at-home

fitness equipment. Wellhub offers free virtual and

on-demand fitness options, which can be used at

Starter Package. You can learn more here:

Gym, Studio & App partners

How do I find which gyms/studios are in

My favorite gym/studio isn't part of the Wellhub network, may I add it?

Downloading and creating a Wellhub

and pricing from the app before

promo.wellhub.com/en-us/tempo.

my area before signing up?

purchasing a plan.

Wellhub network.

home, with or without equipment. Wellhub does, however, have a partnership with Tempo where you

can save 35% on Tempo Move and the Tempo Studio

account is free when you use your Morgan Stanley

We take (and love) referrals. Our Gym Partnerships team is constantly working to expand our network. To submit a referral, log on to your Wellhub account on the app or website, click your account profile and scroll down until you see 'Refer a facility'.

Share any information you have about the gym or

Partnership team and you will receive an email if the facility has joined the Wellhub network. Network additions vary from gym to gym. There are no

Is there a list of Wellhub' wellbeing partner apps?

Once you create your Wellhub account (and before

studio and we'll update you if it is added to the

How quickly will my referred facility be

Your request will be sent to the Wellhub

guarantees that a gym will be added to

our network, but we will do our best.

included in the Wellhub network?

email address. You can then view all the facilities

3. Choose an app, read the instructions, and click

activate

### **MyFitnessPal Mobills** Meditopia An app with real A budget planning Motivation, health app that allows you nutritionists, who and well-being will help you to lose weight and live a with power of mindfulness and to create a custom monthly budget

that will help you

take control of your

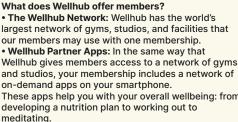
money.

Wellhub: FAQ

meditation through

daily doses of

inspiration.



**Getting Started** 



healthy life with

personalized meal

plans and workouts.

wellness has never been more accessible. You are allotted one check-in per day to use at any gym, studio or live class within your plan. Wellhub is only available to users whose employer partners with the program. Wellhub doesn't charge any initiation or cancellation fees. You can upgrade, downgrade, or pause your plan at any time, with no long-term commitment. Wellhub also offers many different membership tiers for you to choose from based on your budget, fitness goals and interests. How do I sign up for Wellhub? Download the Wellhub app, or visit wellhub.com/en-us/ and register - entering your Morgan Stanley email address and creating a password.

Explore the different plans and facilities within our

Yes. Once you activate the Digital plan or above, you

will see a button in the app or on the website to refer dependents\*. Complete the form with their information, and we will email them to invite them to

network before choosing a plan.

May my dependents join Wellhub?

receive a link to join a virtual video session with your

Wellhub offers you countless ways to work out near

gyms and studios to live classes and wellbeing apps,

the office, near home or at home. From in-person

trainer. The number of monthly training sessions depends on your plan – ranging from 2 to 8 sessions.

What makes Wellhub unique?

get started. Each of your dependents will choose their own plan at standard Wellhub rates and complete their purchase (dependents are not eligible for the Morgan Stanley subsidy). They do not have to choose the same plan you have. You will need to pay for your dependents; however, there is an option to enter different credit cards. Plan prices are per person \*A dependent is defined as your spouse, domestic partner or child of any age. Membership Tiers/Plans How do I choose my plan? Review the fitness facilities included and add your desired plan to your basket to start your wellbeing journey. Proceed to checkout and enter a credit card.

Note that even the free digital plan requires you enter payment information although you won't be charged

unless you upgrade to a paid plan.
Once you enter a payment option and start your plan, you may use Wellhub.

## May I change my plan? Yes. You may change your plan at any time by logging into 'My Account' and selecting 'Plan Management'. If you upgrade your plan, the upgrade will happen immediately and you will be charged on a prorated basis. If you downgrade your plan, your active plan will continue through the end of the monthly billing cycle and your next bill will

reflect the lower fee. What is the plan cancellation policy? You may cancel your plan or participation at any time, at no charge. Log in to your account and go to Plan Management' to see other plan options. Your membership and access to fitness facilities will continue until the end of your current billing cycle Monthly billing will end once you have confirmed the cancellation. Plans renew monthly (and vary by individual), with no minimum term or contract length.

Are there any restrictions to the Wellhub benefit? You have 1 check-in each day at an in-person gym or studio, live class, or personal training session - and unlimited use of the Wellhub apps. Additionally, depending on the plan you select, you may take a prescribed number of exclusive classes. \*This will apply to gyms marked as exclusive in the

With the free Digital plan, enjoy 3 live classes each week with our fitness partners and 5 partner

What is included in the free Digital plan?

apps that you can download and use.

Subsidy How does the Morgan Stanley subsidy work? Wellhub has various membership tiers, ranging from \$10 to \$200+ a month, as well as a free virtual-only tier. You pick the option that's right for you based on price and the gyms and studios you want - and Morgan

Stanley pays 50% of your membership. The subsidy is already reflected in the price plans you see on the Wellhub app or on desktop. May I use the Firm subsidy at any gym? No. The subsidy may be used only at gyms and studios in Wellhub' network. If your gym is not in-network, you can recommend it to Wellhub for

inclusion. Although there is no guarantee all gyms members recommend will be added, Wellhub grows its

network of gyms regularly.

### you pay for a plan), you will be able to view everything Wellhub offers. Log in to the Wellhub app, click the Explore tab, then Apps to see our apps, gyms and studios that you can use once you enroll in a plan. Make sure to look at the wellbeing partner app's specific page for instructions on how to access the app.

Every live class can be booked right on the Wellhub app. Once you open the app, click on the explore tab and select live classes. There you will see the options of live classes offered from various partners. Click on 'Confirm your booking' once you have identified the class you would like to take and you will receive a link via email to join the live class. What happens in cases of late cancel or no-show? Our partnered studios and gyms have their cancellation policies, and they may differ from each

automatically blocked until the end of the month. Your check-in for partners that do not require an advanced booking will still be available. Only new bookings will be blocked until the end of the month. How do I use Wellhub' wellbeing partner apps? Click the Explore tab, then Apps to see the apps that you can use included in your plan. Click the app you're interested in to read more and click "Activate" directed to the wellbeing partner app's specific page for instructions on how to access the app. **Other** 

Wellhub works with all of our fitness partners to provide the smoothest membership transfer process possible, but the process will vary from club to club on how they support the transfer from an annual/monthly membership to Wellhub. Wellhub is unable to grandfather in existing gym memberships, but please reach out someone at your current gym or studio to see how long you have left of your contract length and then

**Using Wellhub** How do I book a class at an in-person facility? Visit the fitness facility's page on the Wellhub app or website, and follow the instructions for that facility. Many facilities let you book classes

right through the app; others may require you

visit an in-person facility only once a day.

How do I book a live class?

to call or email the gym or studio. Note: You may

other. To avoid missing your daily check-in, cancel your booking within the partner's allowed cancellation period. You can find this information on Bookings in the app or your booking confirmation email. In cases of no-shows, the check-in will be counted, and you will not be able to access another class, gym, or studio on the same day. If you cancel

What if I already have a year-long membership/contract with a Wellhub partner gym, studio or app?

Center to discuss when it makes most sense to start your Wellhub membership. To view gyms, studio, services and apps that come with Wellhub, create your account (you won't be charged until you enroll in a plan) at wellhub.com

a booking at short notice or don't attend the class 4

times in one month, new bookings will be when you're ready to start using it! You will be

reach out to a Wellhub representative via the Help

Need more help? Chat with us: support.wellhub.com Email us: mshelp@wellhub.com Find more information: promo.gympass.com/morgan-stanley/