

Gympass

HOW TO THRIVE IN THE 'FUTURE OF WORK'

What has changed?

All around the world, the way people work has changed dramatically and **working from home is top of the list** of trends that are here to stay.

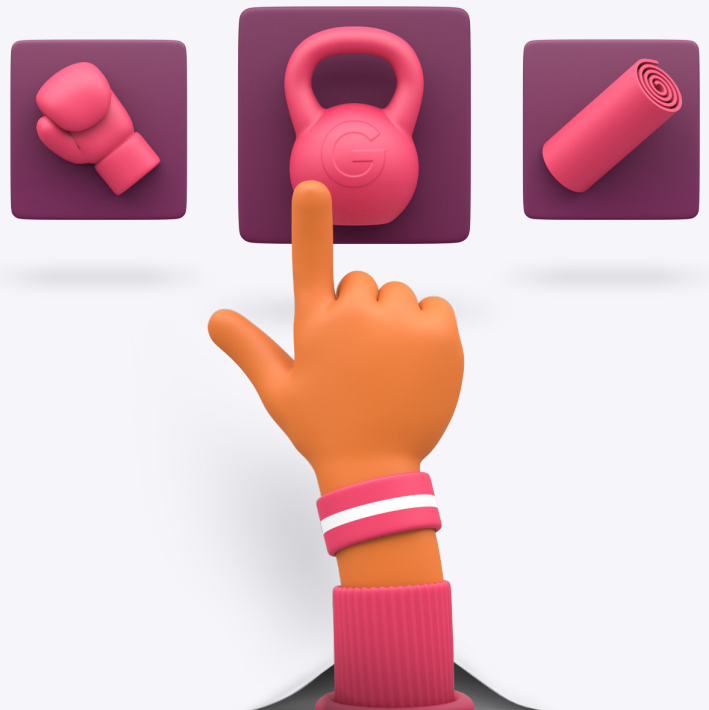
The rise of working from home has created a series of new opportunities, allowing leaders to carve out and **implement the trends that will create a long-lasting future for remote work.**

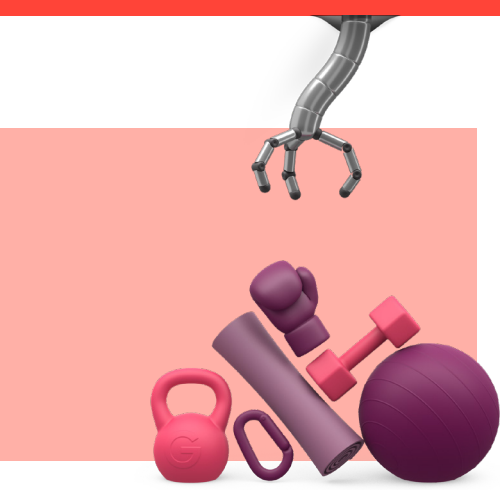
Remote work will become a non-negotiable component of the future of work. This transition requires, **among many other aspects**, a process of digitalization, restructuring of hierarchies, and new forms of compensating employees.



Skills of a qualified employee

- ▶ Analytical thinking and innovation.
- ▶ Active learning and strategies.
- ▶ Creativity, originality and initiative.
- ▶ Technology design and programming.
- ▶ Critical thinking and analysis.



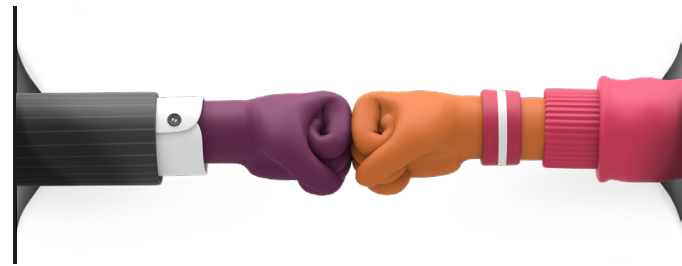


The rise of Artificial Intelligence

In 2030, the world is set to face a **“talent crunch”**, with an estimated shortage of 85 million trained workers to fill skilled positions. Trends indicate that no, robots will not take all of our jobs, and that knowledge and skills will be even more important than before. Investing in people, talent and benefits must be part of a realistic and inclusive business plan.

Shared leadership

The new normal requires a level playing field for evenly skilled and experienced professionals. Input from all levels of the company will be important, as will transparency in the workplace. Sharing ownership of assignments can lead to better results and more team involvement.



The gig economy

By actively deciding to go freelance, employees around the world are taking the opportunity to align their work with their passions, giving them more control over their professional lives. Companies that are open to recruiting these ‘on-demand’ team members **will be more flexible and innovate faster**, especially when they embrace talents from abroad, allowing them to gather different backgrounds, ideas, skill sets and experience into a single team.



Flex work

Flex work is a recent trend, capable of expanding possibilities within the workplace. There are many benefits to implementing flexible working models, from the guaranteed continuity of operations to reduced overheads and the access to a more extensive network of talent. Employees benefit too, often enjoying increased productivity, greater autonomy and less stress.



These are just a few of the trends to be aware of when building a more prepared workforce. Learn more by downloading our [ebook](#) on the future of work.

Gympass

Promoting wellbeing and health at work is one of the best ways to improve both individual and collective results. Partner with Gympass and discover all the benefits that being active brings to your workforce! From exercise classes to mental health programs focused on mindfulness and meditation, we have a wide variety of solutions to help you build a happier and healthier team.

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